

# Solon High School Girls Track Records

High Jump	5'6"	Lori Jerman	1988
Long Jump	19' 1.5"	Tara Conley	1998
<b>Pole Vault</b>	<b>10' 4"</b>	<b>Sydney Roth</b>	<b>2013</b>
<b>Shot Put</b>	<b>42'8.5"</b>	<b>Alexis Gray</b>	<b>2013</b>
<b>Discus</b>	<b>148'1"</b>	<b>Alexis Gray</b>	<b>2013</b>
4 x 800	9:18.07	Caitlin Hartnett Chelsea Markowitz Hannah Ringo Claire Wieczorek	2008
100 Hurdles	14.6	Lynne Hutchison	2004
<b>100 Dash</b>	<b>11.78</b>	<b>Jelvon Butler</b>	<b>2013</b>
<b>4 x 200</b>	<b>1:40.17</b>	<b>Tinisee Kandakai</b> <b>Lauren McCoy</b> <b>Dayna Jones</b> <b>Jelvon Butler</b>	<b>2013</b>
1600 Run	4:50.33	Therese Haiss	2012
4 x 100	47.96	Jelvon Butler Lauren McCoy London McNair Paige Yaeger	2012
400 Dash	57.4	Lori Jerman	1988
300 Hurdles	42.6	Lori Jerman	1990
800 Run	2:08.05	Therese Haiss	2012
<b>200 Dash</b>	<b>24.15</b>	<b>Jelvon Butler</b>	<b>2013</b>
<b>3200 Run</b>	<b>10:37.40</b>	<b>Therese Haiss</b>	<b>2013</b>
4 x 400	3:50.15	Jelvon Butler Therese Haiss London McNair Paige Yaeger	2012

Shuttle Hurdles	1:05.6	Monica Uhl Laura Palazzo Laura Koontz Alexis Warren	2007
Sprint Medley	1:49.30	Jelvon Butler Therese Haiss London McNair Paige Yaeger	2012
Distance Medley	12:30.5	Kelsey Aamoth Jelvon Butler Julia Haiss Therese Haiss	2012
4 x 1600	21:59.74	Kelsey Aamoth Therese Haiss Alyssa Hatteberg Geneva Sandridge	2012