



FROM THE SIDELINES: Rocky River (April 12, 2019)



JUNIOR VARSITY (Tie 3-3; record 1-5-1) VARSITY (Lost 15-9; record 2-5)

“You don’t get the culture you want; you get the culture you BUILD.”

There are times when it looks like we are going to put things together and play great. Then, there are times, when we struggle with the basics and have break downs that we can’t recover from. Friday night was a perfect example of both. Early in the 2nd period, we took the lead and looked to be playing confident lacrosse. However, after turning the ball over in the clearing game and not controlling the middle of the field, River was able to find the backside of our defense and put the ball in the net. Good teams learn from these mistakes and get better. We need to develop that hard-nosed attitude that doesn’t accept mediocrity and always strives for excellence. When we get there, everyone will know that Solon Lacrosse is back among the elite teams in Northeast Ohio. We know the players are capable of doing this. It takes time, hard work, leadership, and most of all...**EFFORT!**

BRIGHT SPOTS: **Mike Zinamon** continued his hot shooting with 4 goals. **Mike Laubscher** once again showed why coaches turn to seniors when leadership is needed. He responded with 3 goals and 1 assist. **Christo Wu** had a 2 assist and 3 ground ball effort. **Ben Truong** subbed in twice at the face-off X and played hard. **Ben Gullia** and **Billy Furlong** each recorded goals. **Ammar Keswani** had 4 big clearing efforts and 2 ground balls. The **Extra Man Offense** scored on 3 of 4 attempts.

CULTURE BUILDING: Since the start of practice in mid-February, we have asked the players to work hard, give us their best effort, and be great representatives of the lacrosse program on and off the field. For the most part, the players have done exactly what we have asked for. Lately, we have had some incidents off the field that we need to address. Practice is mandatory! Your conduct in the school, in the community, and on the athletic field should be a positive example for others; not a negative. Finally, we treat the school, the opponents, the staff, and **THE GAME** with respect. Parents, we ask you to discuss these expectations with your sons and explain why they are so important as building blocks of success in everything you do. Thank you for the understanding and support on these matters. We want **YOU** to be part of the success!

NEXT GAMES: At Mentor on Tuesday April 16 (Junior Varsity 5:00 pm; Varsity 7:00 pm)

SOLON COMETS LACROSSE: Pride! Pride! Pride!