



FROM THE SIDELINES: Jackson (April 5, 2019)



JUNIOR VARSITY (Lost 10-2; record 1-4) VARSITY (Lost 16-10; record 1-4)

“Determination is a positive [emotional feeling](#) that involves persevering towards a difficult [goal](#) in spite of obstacles.”

Taking your lumps is part of the learning process. The players and coaches are learning this together during the early part of this season. We try to find the spots for the players to be successful, assign tasks, let the players play, and evaluate the results at the end. Friday's game was a great test to see where we are at as a program, and learn from the end result. The first half was a very sloppy, poorly managed performance from the sidelines onto the field. The second half started to show what we could do with organization and solid play. We need to learn how to put together two full halves of consistent play in order to say, “we can do this”. However, there were some spots where we improved, and we have to keep an eye on the end result; improvement over the course of the season. Be persistent & determined boys! As a parent commented to me on Saturday, “it will come...trust and believe”.

BRIGHT SPOTS: The bright spot of the game occurred in the 4th quarter when the offense went on a scoring run and posted 8 goals (eventually meeting the team goal of 10 goals). **Billy Furlong** recorded a hat trick. **Mike Laubscher** continued his tough style of play with 2 goals and 2 assists. **Christo Wu** had 2 goals. **Josh Friedman** scored his first goal of the season. **Charlie Rumizen** broke through and had 2 goals in the 3rd quarter. **Caesar Salerno** recorded his first assist.

ROSTER DEVELOPMENT: As the season progresses, we are going to be rewarding players for their efforts on the practice field and giving them opportunities to show what they can do on game day. Whether that is on the JV or Varsity team, the players need to know that practice matters and how you perform daily impacts what you do against others in competition. With a third of the season now in the books, practice roster expansion will take place Monday. Players will be in more competitive situations and expected to rise to the occasion. We will acknowledge those who are ready to accept this challenge!

NEXT GAMES: Strongsville on Tuesday April 9 (Junior Varsity 5:00 pm; Varsity 7:00 pm)

SOLON COMETS LACROSSE: Pride! Pride! Pride!