



## FROM THE SIDELINES: Chagrin Falls (April 2, 2019)



**JUNIOR VARSITY (Lost 17-2; record 1-3)      VARSITY (Lost 13-3; record 1-3)**

Writing game reviews is always a challenge after a loss. There is the disappointment you feel by not putting forth a winning effort, there is the low of trying to figure out what we could have done differently, and then there is the realization that nothing can be done to change the outcome. But as we learn in life, you just have to dig in, fight, and grow from these setbacks. That is what our team needs to realize after Tuesday night. We played another strong team and learned some valuable lessons from the loss. Now, we have to apply those lessons and grow so we can achieve the goals that we have set for the team and continue the learning process. Hang in there boys; good things will come to those who work hard. As our new team sign in the locker room says, **"Play Like A Champion Today"**.

**BRIGHT SPOTS:** Defensively, we held a very high-powered offense to just 28 shots. We were much more efficient with our slides, match-ups, and ability to create 20 turnovers. That is a good sign that we are learning. **Benji Golubitsky** scored his first goal of the year. **Mark Phillips** recorded 3 ground balls. **Aidan Riga** and **Zack Fitzgerald** are learning to play aggressive perimeter defense. **Mike Laubscher** had several great isolations to the goal and scored twice. **Tommy Silvestri** played significant minutes at the attack and had a big ground ball. **Billy Furlong** assisted on 2 goals. **Mike Rapposelli** had 11 saves in the cage.

**GROWING PAINS:** In order to compete against the best teams in the area, and eventually the best teams in the state, you have to compete and take your lumps. The players who are getting repetitions and playing time are learning what it takes to compete and give it your best for 4 quarters. We need to keep grinding!

**SKILL DEVELOPMENT:** We need to keep working on our basic skills of passing, catching, scooping ground balls, shooting, and winning our 1 v. 1. We will be committing more practice time to these fundamental areas in practice each session. However, working on these skills by yourself is critical to our team's development. Put in the time, see the improvement, and reap the benefits in the future!

**NEXT GAMES:** Massillon Jackson on Friday April 5 (Junior Varsity 5:30 pm; Varsity 7:30 pm)

***SOLON COMETS LACROSSE: Pride! Pride! Pride!***