



Our school is participating in **Kids Heart Challenge!** The students are learning different ways to keep their hearts and minds healthy. This is a fun and exciting event for our entire school as we work together to raise donations for the American Heart Association and save lives together!

An easy way to participate is to join our school's online team and begin receiving donations today. Visit <http://www2.heart.org/goto/orchardmiddle> to join! Our students are very excited about the **NEW** Heart Heroes, so we wanted to fill you in on how your student can earn them!

Once your student raises just \$5, they will earn **ECHO INSTANTLY!**

Receive an online donation of \$10 to earn **FINN INSTANTLY!**



Each Heart Hero has an important heart health message that your student will learn and they can earn all seven! The first three heart heroes are at school now, and the remaining heroes and thank you gifts will come a few weeks after Kids Heart Challenge is complete.

Thank you for helping save lives with the American Heart Association and we look forward to seeing you on our school's page! <http://www2.heart.org/goto/orchardmiddle>

Students will have the opportunity to participate in a Staff vs. Students basketball game to help promote heart health!

- T-shirts will be available for purchase for all students. If a t-shirt is purchased, that student is entered in a raffle to play in the staff vs. student basketball game on February 22nd!
- Ten students from both the 5th and 6th grade teams will be randomly selected. The students will compete against the staff during an all school assembly!

February 7th: t-shirt order due date

February 22nd: Staff vs Student Game & donation envelope/online donations due date

**Please convert cash to check or money order payable to:
American Heart Association**

**RETURN BOTTOM PORTION WITH CHECK MADE PAYABLE TO:
AMERICAN HEART ASSOCIATION**

Name: _____

Homeroom: _____

Check Your Size Below:

- ___ Youth Large \$10
- ___ Adult Small \$10
- ___ Adult Medium \$10
- ___ Adult Large \$10
- ___ Adult XL \$10
- ___ Adult 2X \$11.50
- ___ Adult 3X \$13
- ___ Adult 4X \$15

