

SOLON PHYSICAL EDUCATION
WEEKLY GRADING RUBRIC

3 POINTS	2 POINTS	1 POINT	0 POINTS
<p>➤ <u>Always</u> appropriately dresses and participates with personal best effort in yoga class. (Standard 1,3,6)</p>	<p>➤ <u>Most often</u> appropriately dresses and participates with personal best effort in yoga class. (Standard1, 3, 6)</p>	<p>➤ <u>Sometimes</u> appropriately dresses and participates with personal best effort in yoga class. (Standard1, 3, 6)</p>	<p>➤ <u>Seldom</u> appropriately dresses and participates with personal best effort in yoga class. (Standard1, 3, 6)</p>
<p>➤ <u>Always</u> exhibits responsible personal and social behavior that respects self and others in yoga class. (Standard 4,5,6)</p>	<p>➤ <u>Most often</u> exhibits responsible personal and social behavior that respects self and others in yoga class. (Standard 4,5,6)</p>	<p>➤ <u>Sometimes</u> exhibits responsible personal and social behavior that respects self and others in yoga class. (Standard 4,5,6)</p>	<p>➤ <u>Seldom</u> exhibits responsible personal and social behavior that respects self and others in yoga class. (Standard 4,5,6)</p>
<p>➤ <u>Always</u> demonstrates understanding of movement concepts and principles as they apply to the learning and performance of yoga. (Standard 1,2)</p>	<p>➤ <u>Most often</u> demonstrates understanding of movement concepts and principles as they apply to the learning and performance of yoga. (Standard 1,2)</p>	<p>➤ <u>Sometimes</u> demonstrates understanding of movement concepts and principles as they apply to the learning and performance of yoga. (Standard 1,2)</p>	<p>➤ <u>Seldom</u> demonstrates understanding of movement concepts and principles as they apply to the learning and performance of yoga. (Standard 1,2)</p>



Formative Assessment = 75% of grade: PARTICIPATION: attitude, yoga etiquette, proper dress, and effort for PERSONAL BEST to improve skill and fitness level. Students will be evaluated on their participation on a weekly basis based on the rubric above. Each no dress, nonparticipation day will result in losing a weekly participation point (Example in a 5-day week 2 unexcused nonparticipation days=1 out of 3 for the weekly grade or a %33)

Summative Assessment = 25% of grade: ACADEMIC WORK: Written Work, Group Projects, Individual Projects, Practical Assessments, Written Assessments.

- Students will be exempt from participation with an excused absence from class. However, all reading and written work must be made up.
- Students who are medically excused will be exempt in the grade book. Missing more than 1/3 of the class for a medical condition will result in a class drop or incomplete. Every attempt to modify activity to what is safe is expected and needs clarification by a doctor's note.
- Parent notes do not count as medical excuses. If students are at school, they are asked to participate in class to the best of their ability. If a student has an illness and/or injury, students will need to bring in a doctor's excuse to be exempt from the daily participation grade.

