

# Independent Living

Mrs. Massey

# About Mrs. Massey

## ❖ University of Louisville

- Bachelors in Development Handicapped and Elementary Education
- Masters in Special Education with a focus in Autism

## ❖ Teaching career:

- 2 years - Cleveland Municipal District
- 10 years - Madison Local Schools
- 13 years - Solon High School

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# Independent Living Program

To provide students opportunities to develop and generalize independent living skills across environments.

- Traveling Cafe
  - MedWish
  - Grab and Go Breakfasts
  - Recreation/Leisure Skills
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- Additional activities will be added throughout the year as appropriate.

# Traveling Cafe

The Traveling Cafe is a cart with a variety of beverages and drinks the students take to different locations within the district for staff members.

## Skills:

- Communication
- Using a Keurig to make coffee, tea and hot chocolate
- Reading and filling orders
- Navigating
- Safety
- Cooking/following a recipe
- Money handling
- Washing dishes/dishwasher

# MedWish

MedWish is a nonprofit organization that distributes donated medical supplies to third world countries.

## Skills:

- Sorting like items
- Checking expiration dates
- Re-packaging
- Communication
- Safety
- Following directions

# Grab and Go Breakfast

The Grab and Go Breakfast program is a new program to Solon High School. This program provides a small breakfast for EXCEL TECC students who leave for their programs before 6 am and return to the high school for lunch after 11 am.

## Skills:

- Following directions
- Multi-step task
- Communication
- Task completion

# Recreation/Leisure Skills

To provide students with a variety of activities and skills to determine interests and expand options outside of the classroom.

- Outings - shopping, lunch, etc
  - Games
  - Hands on activities - card making, gardening, crafts, etc.
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- Additional activities will be as throughout the year as applicable.