



Dear Parents and Guardians:

We would like to take this opportunity to introduce you to the athletic training services that are provided to the student athletes here at Solon High School.

As nationally certified and Ohio licensed athletic trainers, we are educated and skilled in the services of injury prevention, injury recognition and evaluation and orthopedic rehabilitation. We will be available to evaluate and treat injured athletes as well as provide injury prevention information. We are in the school clinic (next to the weight room) every weekday after school. However, it is important to understand that not all injuries can be treated in the high school athletic training room. If an injured athlete requires additional medical attention, we can provide priority scheduling with one of our Cleveland Clinic Sports Health sports medicine physicians.

We are very fortunate to have Dr. Richard Figler, Primary Care Sports Medicine Specialist, from the Cleveland Clinic as our team physician. Dr. Figler treats athletes at his office and is also present at many Solon High School athletic events. We highly recommend Dr. Figler's services as he specializes in treating sports related injuries. This is very important for our athletes as not all physicians focus on sports medicine.

Three points to be aware of:

1. **Physicals:** please take to a physician who is familiar with your athlete - this is the only information we have regarding their medical history. Their physical must be updated annually and completed in Final Forms prior to sport participation.
2. **Sports physician:** to better serve your athlete please have them see a sports medicine physician to evaluate their injuries as this is their specialty, **documentation is necessary for all appointments for liability purposes.**
3. **Concussion testing:** athletes will be tested with the computerized test and I Pad. Every freshman, junior & new player will need to be tested. The link and instructions to the online test (ImPACT) is on Final Forms. All athletes must have a baseline test prior to full contact practice. The Cleveland Clinic will have a team at the school **Friday, July 26th from 8:00-12:00** to perform the I Pad testing.

Please remember any concussion your athlete may suffer must be cleared in writing by a physician and go through return to play guidelines prior to getting back to the field

If you have any questions, please feel free to contact us. We look forward to a great season, GO COMETS!

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