

OHSAA/District policy - Each athlete will need the following to participate in tryouts and practice.

Physical - Athletes must have a valid Physical Exam (dated within 13 months of physical exam) dated and signed by doctor on file at SMS (Email a PDF Copy to shawnsurdy@solonboe.org or give hard copy to Coach). [Physical Waiver Form Link](#)

Final Forms - Each athlete must be registered on Final Forms and all forms must be signed electronically. [Final Forms Link](#)

Solon Middle School Fall Sports 2022	DATES	TIME	LOCATION
Meeting for ALL Fall Sport Parents & Athletes	TBD	TBD	TBD
<u>FOOTBALL</u> <i>7th and 8th Grade Teams</i> Training Sessions Parent Meeting/Helmets July Instruction August Instruction	Begins June 7 July 11 July 12-14, 19-21, 25 August 1-5, 8-12	8:30-10:00AM 6PM 8:30-10:30AM 8:30-10:30AM	SHS Weight Room SMS Field/Gym SHS Stadium SMS Field
<u>BOYS SOCCER</u> <i>7th and 8th Graders</i>	August 1-5 (Tryouts)	9:00AM - 10:30AM	Solon Rec South of Tennis Courts
<u>GIRLS SOCCER</u> <i>7th and 8th Graders</i>	August 1-5 (Tryouts)	9:00AM – 10:30AM	Solon Rec South of Tennis Courts
<u>VOLLEYBALL</u> <i>7th and 8th Grade Teams</i>	August 1-5 (Tryouts)	9:00AM - 11:00AM	SMS Gym
<u>CROSS COUNTRY</u> <i>7th and 8th Graders</i> <i>(Boys & Girls)</i>	August 1 August 2-5	8 - 9:30AM 8 - 9:30AM	Rec. Southwest Lawn South Chagrin Shelterhouse
<u>GIRLS TENNIS</u> <i>7th and 8th Graders</i>	August 1&4,5 August 3	4:00-6:00PM 3:30-6:00PM	Solon Rec. Courts
<u>CHEERLEADING</u> <i>7th and 8th Grade Squads</i>	August 1-5	9 - 11AM	SMS Courtyard