



Solon Middle School Snack

October 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pizza bagel	2 Nachos with cheese sauce
5 Bread sticks with sauce (1) with sauce (2) with sauce (3) with sauce	6 Individual deluxe pizza	7 Cook's choice	8 Popcorn chicken	9 Cheeseburger Twin Pack
12 Nachos with cheese sauce	13 Chicken wings w/ dipping sauce (6 wings)	14 Domino's Pizza	15 Taco wedges w/ salsa sauce	16 No School In-service Day
19 Soft small pretzel (plain) OR w/ cheese sauce	20 Cheese stuffed breadsticks	21 Cook's choice	22 Oven-baked chicken strips	23 Cinnamon Churros
26 Cheese dippers with sauce	27 Pepperoni roll w/ marinara sauce	28 Cook's choice	29 Bagel stix with cream cheese	30 <i>Happy Halloween</i> <i>Funnel cakes</i>

Menu is subject to change. Also available daily: bagels with cream cheese, baked chips, low-fat muffins, pop-tarts, cereals, Nutri-grain and Nature Valley granola bars, fresh baked cookies, sunflower seeds, assorted nuts, fruit snacks, milk and 100% fruit juices.